

TAEGEUK EE JANG (FORM #2)

1. Left foot walking stance 90 degrees to the left and left hand low block.
2. Right foot slides into long stance and right hand punch.
3. Right foot step back, turn 180 degrees to the right into walking stance and right hand low block.
4. Left foot slides into long stance and left hand punch.
5. Left foot walking stance 90 degrees to the left and right hand inside middle block.
6. Right foot step forward into walking stance and left hand inside middle block.
7. Left foot walking stance 90 degrees to the left and left hand low block.
8. Right foot front kick, then long stance and right hand high punch.
9. Right foot step back, turn 180 degrees to the right into walking stance and right hand low block.
10. Left foot front kick, then long stance and left hand high punch.
11. Left foot walking stance 90 degrees to the left and left hand high block.
12. Right foot step forward into walking stance and right hand high block.

13. Left foot walking stance 270 degrees to the left and right hand inside middle block.
14. Turn 180 degrees to the right into walking stance and left hand inside middle block.
15. Turn 90 degrees to the left into walking stance and left hand low block.
16. Right foot front kick, then walking stance and right hand punch.
17. Left foot front kick, then walking stance and left hand punch.
18. Right foot front kick, then walking stance and right hand punch with a yell.

Parro